

# School Smiles Programme enrolment form

*FREE treatment for year 9-13\**

If you require more than one enrolment form, please contact us. Visit our website to download a form.

First Name(s): \_\_\_\_\_

Surname: \_\_\_\_\_

NHI Number:

Date of Birth: \_\_\_\_\_

Gender  Male |  Female

Parent/Guardian Name: \_\_\_\_\_

Residential Address: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Secondary School: \_\_\_\_\_

Nationality - in which country were you born? \_\_\_\_\_

Contact Phone Number:

(day): \_\_\_\_\_ (night): \_\_\_\_\_

(mobile): \_\_\_\_\_

Email: \_\_\_\_\_

Health and Disability Commissioner 0800 11 22 33 or [hdc@hdc.org.nz](mailto:hdc@hdc.org.nz)

## Consent to Enrolment

I/We agree

- this information is true and correct
- to enrol with Lumino the Dentists for an oral health examination and treatment.\*
- Lumino may transfer my records from my previous dental provider.
- that my personal details and treatment information to be sent to the Local District Health Board and the Ministry of Health for provider payment and clinical data collection purposes.
- the enrolled child has not visited another clinician in the last 12 months.

Signed: \_\_\_\_\_

Date: \_\_\_\_\_

*Parent or legal guardian must sign this form if the enrolling patient is under 16 years.*

**Please tear off the completed enrolment form and post back to us: Lumino The Dentists, PO Box 106514, Auckland 1143 or drop it off at the school reception.**

\*Once enrolled, your child will be entitled to free treatment until they turn 18 years of age. There is no need to re-enrol every year. Your child will remain enrolled with Lumino The Dentists, unless you request their removal. Please contact us on 09 444 0552 or [schoolsmiles@lumino.co.nz](mailto:schoolsmiles@lumino.co.nz) if there has been any change in your child's medical history, you have moved house, your child has changed schools or you would like your child to be removed from our records.

**0800 LUMINO | [lumino.co.nz](http://lumino.co.nz)**

# Lumino The Dentists

Lumino The Dentists, New Zealand's largest dental healthcare provider, has been looking after the oral health of young people for over ten years. Since our Lumino School Smiles Programme first started we have helped over 12,000 secondary school students care for their smiles.

Our programme is fully funded by the Ministry of Health and is widely recognised as the most effective model for delivering quality dental care to New Zealand's secondary school students. Our dental professionals are highly trained and dedicated to providing teens with the very best dental care. They can advise your child on how to keep their teeth healthy and beautiful once they have left the mobile unit.

Lumino The Dentists also offers a wide range of preventative, restorative and cosmetic private dental treatments for adults and children. Treatments include whitening, porcelain veneers, crowns, bridges and fillings. Visit our website at [lumino.co.nz](http://lumino.co.nz) to find the practice nearest to you.



The North Shore Smile Mobile



## Confidence is a great smile

Our FREE\* mobile dental team will make sure your smile is always at its best. We're coming to your school this year.

# Lumino The Dentists Mobile

**0800 LUMINO | [lumino.co.nz](http://lumino.co.nz)**

# Lumino The Dentists Mobile

## School Smiles Programme

**FREE dental care for year 9-13\***  
Getting your child the right dental care has never been so easy.



# Our mobile units

Lumino The Dentists mobile units are equipped with the latest dental equipment. Each unit also has a digital x-ray imaging facility. Your child will be looked after by qualified, highly skilled dental professionals who have extensive experience in caring for young people's oral health.

# What can you expect for your child

Your child's Lumino dental professional will assess their dental needs to achieve optimal dental health. They will also advise your child on how to keep their smile as bright and healthy as possible. The Lumino The Dentists School Smiles Programme is focused on prevention of tooth decay and gum disease through an annual examination and ongoing education. Restorative work is also carried out in the mobile units. Where treatment cannot be completed, students will be referred to a Lumino The Dentists practice. All treatments are carried out in a clinically safe and culturally sensitive way. Each child is entitled to one examination per year. Where necessary, students can be seen more frequently.

## Treatment Process

The first visit consists of an oral examination including:

- Dental health care and advice
- X-Rays (if required)
- Treatment (if required)
- A personal Smile Report

## After Your Child's Visit

- Your child will bring home a Smile Report after their visit to Lumino Mobile, which will provide you with a summary of the treatment they received and details of any further work that is needed.

## Keeping Teenage Teeth Strong, White and Healthy

Every teenager dreams of having a bright, healthy smile and fresh breath. Unfortunately, dental problems such as crooked teeth, broken or missing teeth, bad breath and tooth decay are all too common. As teens become more independent, it can be difficult to convince them to make the time to visit a dental professional. However, if they want to maintain an attractive, healthy smile, it is vital that they have a regular dental examination. In addition to seeing a dental professional regularly, there are a number of other things that teens can do to keep their mouth bright, white and healthy.

- Brush twice a day
- Clean between the teeth with floss daily
- Steer clear of sugary drinks. Fruit juices and sodas can erode and damage tooth enamel, leading to cavities

## Sports

By about age 12 or 13, most young people will have a full set of adult teeth. Wearing a mouth guard when playing sports, especially of the high contact variety, will protect teeth from being knocked out. It will also prevent unsightly chips and cracks. All professional athletes use mouth guards to protect their pearly whites - so should your teen.

## Diet

Enjoying a balanced, nutritious diet will have a positive impact on your child's dental health. Drinking lots of water and choosing healthy snacks, such as apples, carrot sticks and low fat yogurt, will also help keep teeth healthy. It is important that your teen doesn't indulge in too many sugary foods or fizzy drinks as these can lead to cavities.

## Orthodontics

Many teens require braces to fix crowded and crooked teeth or poor jaw alignment. Teeth that do not fit together properly are harder to clean and can affect every day activities such as chewing and speaking. Having an uneven smile can also have a huge impact on a young person's confidence and self-esteem. With the proper treatment, your child can look forward to having straight, beautiful teeth for the rest of their life. When your child visits a Lumino The Dentists mobile unit, the dental professional will be able to determine whether there is a need for orthodontics and can refer your child on for further assessment.

## Smoking

Research has shown that smokers are about twice as likely to lose their teeth as non-smokers. Tobacco can also cause yellowing and rotting of the teeth, receding gums, bad breath, oral cancer and periodontal disease.

## Mouth Jewellery

A lot of young people think that mouth jewellery and piercings will look cool, before realising that some painful medical conditions can be the result of that new hole in their mouth. Tongue infections, injury to the gum tissue, chipped teeth, and an increased flow of saliva and nerve damage are all possible side effects.

## Student Support

All students are entitled to seek the assistance of the Health and Disabilities Commissioner if they are not completely satisfied with any aspect of their treatment. We have a dedicated mobile unit manager who is also available on 09 444 0552 or schoolsmls@lumino.co.nz should you wish to make further enquiries or discuss the service in greater detail.

# Medical questionnaire

Family doctor name:

*Please circle your answer to the following questions*

Are you presently receiving any medical treatment? Yes | No

Have you any allergies that you are aware of? Yes | No

Have you ever experienced excessive bleeding from dental treatment, cuts or scratches? Yes | No

Any change in your general health in the past year? Yes | No

*Please tick the box if your answer is yes*

Have you ever had any of the following?

- |  |  |
|--|--|
| <input type="checkbox"/> Rheumatic fever     | <input type="checkbox"/> Heart trouble   |
| <input type="checkbox"/> High blood pressure | <input type="checkbox"/> Asthma          |
| <input type="checkbox"/> Arthritis           | <input type="checkbox"/> Hepatitis       |
| <input type="checkbox"/> Bronchitis          | <input type="checkbox"/> Chest pains     |
| <input type="checkbox"/> Severe headaches    | <input type="checkbox"/> Thyroid problem |
| <input type="checkbox"/> Epilepsy            | <input type="checkbox"/> Anaemia         |
| <input type="checkbox"/> Diabetes            | <input type="checkbox"/> Kidney trouble  |
| <input type="checkbox"/> Gastric problems    | <input type="checkbox"/> Cold sores      |
| <input type="checkbox"/> Depressive illness  | <input type="checkbox"/> Drug dependence |
| <input type="checkbox"/> Tuberculosis (TB)   |  |

Please provide details:

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Have you ever taken long term medication? Yes | No  
*(If yes, please name)*

Have you any allergies to medicines that you are aware of? Yes | No  
*(If yes, please name)*

Are you wearing an artificial joint eg. hip joint? Yes | No

Have you ever had contact with the AIDS virus or Hepatitis B virus? Yes | No

Have you ever had a reaction to an anaesthetic? Yes | No

Are you pregnant now?  
(If yes, pregnancy due date) \_\_\_\_\_ Yes | No

Are there any other aspects concerning your health that you think we should know about? Yes | No  
*(If yes, please indicate)*

Are you currently taking any drugs or medicines? Yes | No

Does your jaw 'click' or hurt? Yes | No

Do you feel you grind your teeth? Yes | No

Have you ever had orthodontic treatment? Yes | No

Do you think you have occasional bad breath? Yes | No

Do your gums ever bleed when you clean your teeth? Yes | No

Additional information:

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*please continue on other side* ▶