

Course Outline 2022

Subject: Physical Education

Level: 1, 2, 3

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| Course Code: | L1PRPE01 L2PRPE01 L3PRPE01 | Course Length: | 1 Year |
| Brief Description: | | | |
| <p>Level 1-3 Practical Physical Education is a course designed for learners who want a more practical Physical Education experience. The aim of the course is to engage learners through a variety of practical environments and activities whilst developing a range of skills based around the below topics:</p> <ul style="list-style-type: none">• Human Performance Improvement – How does the body move? How do you learn new skills? How do we know if the skills/techniques are the best ones to use?• Getting Active – Learners will participate in a range of physical activities and explore the motivator/de-motivators that affect a person’s willingness to participate in physical activity. What affect does this have on you, your peers, and the community? | | | |
| Pre-requisites/Co-requisites: | | | |
| None | | | |
| Cost/Equipment: | | | |
| \$30 – Includes all activity costs | | | |
| Teacher in Charge of this Course: | | Dallas Courtney | |

| Max credits: L1 – 4, L2 – 4, L3 - 4 | | | | | | |
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| This course is designed utilising aspects of the Achievement standards below | | | I/E | Num/Lit (level) | Number of credits | Standard completion date |
| Optional AS/US | | | | | | |
| 1. | 90962 | Participate actively in a variety of physical activities and explain factors that influence own participation | I | L1 | | Term 4 – Week 3 |
| 2. | 90964 | Demonstrate quality movement in the performance of a physical activity | I | L1 | | Term 4 – Week 3 |
| 3. | 91330 | Perform a physical activity in an applied setting. | I | L2 | | Term 4 – Week 3 |
| 4. | 91501 | Demonstrate quality performance of a physical activity in an applied setting | I | L3 - Num | | Term 4 – Week 3 |