

Course Outline 2022

Subject: Physical Education

Level: 1, 2, 3

Course Code:	L1PRPE01 L2PRPE01 L3PRPE01	Course Length:	1 Year
Brief Description:			
<p>Level 1-3 Practical Physical Education is a course designed for learners who want a more practical Physical Education experience. The aim of the course is to engage learners through a variety of practical environments and activities whilst developing a range of skills based around the below topics:</p> <ul style="list-style-type: none"><li>• Human Performance Improvement – How does the body move? How do you learn new skills? How do we know if the skills/techniques are the best ones to use?</li><li>• Getting Active – Learners will participate in a range of physical activities and explore the motivator/de-motivators that affect a person’s willingness to participate in physical activity. What affect does this have on you, your peers, and the community?</li></ul>			
Pre-requisites/Co-requisites:			
None			
Cost/Equipment:			
\$30 – Includes all activity costs			
Teacher in Charge of this Course:		Dallas Courtney	

Max credits: L1 – 4, L2 – 4, L3 - 4						
This course is designed utilising aspects of the Achievement standards below			I/E	Num/Lit (level)	Number of credits	Standard completion date
Optional AS/US						
1.	90962	Participate actively in a variety of physical activities and explain factors that influence own participation	I	L1		Term 4 – Week 3
2.	90964	Demonstrate quality movement in the performance of a physical activity	I	L1		Term 4 – Week 3
3.	91330	Perform a physical activity in an applied setting.	I	L2		Term 4 – Week 3
4.	91501	Demonstrate quality performance of a physical activity in an applied setting	I	L3 - Num		Term 4 – Week 3