

Course Outline 2022

Subject: PE

Level: Year 10

Course Code:	10PHED	Course Length:	FULL YEAR
Brief Description:			
<p>In Year 10 Physical Education learners will continue to develop their understanding of the Key Competencies and the role they play in physical activity. They will explore the impact of interpersonal and leadership skills on group situations and how they can use these to increase their own leadership ability. Through physical activity learners will be challenged to discover the impact self-management, relating to others, participation and leadership has on a team's ability to be effective.</p> <p>The units that will be cover are:</p> <ul style="list-style-type: none">• Adventure Base Learning• International and Maori Games• Passing & Kicking• Throwing, Catching & Striking• Design and lead a game• Beach Safety & Aquatics			
Pre-requisites/Co-requisites:			
NIL			
Cost/Equipment:			
\$5 + Whangaparaoa PE uniform			
Teacher in Charge of this Course:		Sarah Hall	